

Starters:

Soup like the Chef's mood - it changes daily	£6.50	
Thai Fish Cakes with sweet chilli sauce and tomato salad	£8.95	
Pan Fried King Prawn with tomato salad and garlic butter	£10.95	
Tempura King Prawns with Sriracha mayo and curly lettuce	£10.95	
Baked King Prawns in chilli, tomato, garlic and coriander - served with a garlic ciabatta	£10.95	£18.95
Goats Cheese Bon Bons with sweet chilli sauce and pea shoots	£8.50	
Bao buns with sesame coated chicken and our Jack Daniels BBQ sauce	£9.95	
Stables Prawn Cocktail with brown bread	£9.50	
Mini Vegetable Spring Rolls with sweet chilli sauce	£6.50	
Potato Skins served with garlic mayo	£9.95	
...with mixed dips	£10.95	

The Grill:

Surf n Turf 8oz fillet steak topped with garlic prawns, served with chunky chips & salad	£44.00
8oz Fillet Steak served with chunky chips & salad	£38.00
Choice of sauce: Pepper / Diane / Blue Cheese	£3.50

Main Course:

Chicken with sweet potato mash, grilled asparagus & pepper sauce	£18.95
Sweet Chilli Chicken Hanging Kebab served with fries	£18.95
King Prawn & Scallop Curry served with rice and naan bread	£22.50
Teriyaki Salmon or Cod Steak served with rice, tender stem broccoli, Teriyaki & sesame sauce	£18.95
Vegetable Curry with rice and naan bread	£14.50
Tandoori Cod Steak with sweet potato mash, tender stem broccoli, curry sauce and popadom	£18.95

STABLES Classics:

Fish & Chips served with chunky chips & mushy peas	£15.95
Chicken Parmo served with chunky chips & salad	£15.95
Mince & Dumplings served with creamy mash & garden peas	£14.50
Stables House Salad with chicken, bacon & choice of dressing	£11.50
Wagyu Burger with tomato, lettuce & onion, topped with cheese, bacon, burger sauce with chunky chips	£14.50
Homemade Steak & Ale Pie with puffed pastry lid, fries or chunky chips	£16.95
Whitby Scampi with salad, peas & fries	£15.95
Cajun Chicken Burger with lettuce, mayo & fries	£15.95

MAINS

Fresh Pizza: ...all of our Pizzas are 12"

Margarita cheese & tomato (v)	£11.00
American pepperoni & jalapeño	£12.00
Meat Feast chorizo, chicken, pepperoni & ham	£13.95
The Italian Job salami, pancetta, chorizo, balsamic	£13.95
Barbecue Chicken BBQ sauce & chicken	£12.00
Rock n Rolla fillet steak, salsa, Mexican spices, red onion, spring onion, chilli & sour cream	£14.95
Marinara smoked salmon, spinach, prawns & pesto	£12.95
Chilli Beef chilli beef, cheddar, sour cream & jalapeño	£12.95
Mexican Chicken red onion, peppers & sour cream	£12.50
Goats Cheese spinach, cherry tomatoes & pesto (v)	£12.00
Garlic Bread with cheese (v)	£10.00
Garlic Bread with tomato (v)	£10.00
Garlic Bread with cheese & tomato (v)	£11.00
Extra Toppings (excludes Fillet Steak)	£2.00

Fresh Pasta: all of our Pasta dishes are...

£12.95

Bolognese classic meat sauce
Carbonara garlic, ham, mushroom & cream
Romano chicken, mushroom, onion, cream & tomato
Fungi mushroom, spinach, garlic & cream (v)
Goats Cheese Mediterranean vegetables & tomato
Marinara smoked salmon, spinach, prawns, pesto & cream

(GLUTEN FREE PASTA OPTIONS ARE AVAILABLE)

Side Dishes:

Chunky Chips/Fries	£4.95
Creamy Mash	£4.50
Side Salad	£4.95
Tomato & Onion Salad	£4.50
Truffle & Parmesan Fries	£6.50
Mexican Spiced Cheesy Fries	£6.50
Seasonal Vegetables	£6.50
Onion Rings	£6.50
Cheesy Fries	£6.50



Desserts: all of our Desserts are... £8.50

- Sticky Toffee Pudding served with butterscotch sauce & vanilla ice cream
- Cheesecake of the day
- Chocolate Brownie with vanilla ice cream
- Eton Mess with strawberries, meringue & fresh cream
- Selection of Ice Cream 4 scoops

Wraps: ...served with fries & salad
(ONLY AVAILABLE AT LUNCHTIME)

- Mexican Chicken Wrap Cajun spices, salsa, sour cream & cheese £11.95
- Mexican Steak Wrap sour cream & cheese £12.95
- Peri Chicken & Halloumi Wrap lettuce & perinaise £11.95
- Goats Cheese & Vegetable Wrap (v) £10.95

Kids Menu:
Main Course, Fruit Shoot & Ice Cream for... £7.95

- Choice of Fresh Pasta
- Fish & Chips with beans or peas
- Sausage & Mash or Fries and Gravy
- 9" Pizza with any topping (excludes fillet steak)
- Fish Fingers served with fries and either beans or peas
- Chicken Nuggets served with french fries & beans or peas
- Kids Burger or Cheese Burger served with fries

Hot Drinks:

Filter	£3.50	Liqueur Coffee	£6.95
Espresso	£3.50	Hot Chocolate	£4.95
Latte	£4.50	Luxury Hot Chocolate	£6.50
Cappuccino	£4.50	Herbal Tea	£3.95
Flat White	£4.50	Tea	£3.95

All prices include VAT. Gratuities are left to the discretion of the customer. Every dish is individually cooked, a delay may occur in peak periods. Due to our insistence of fresh quality produce, some dishes may be unavailable or subject to change. Some of our dishes may contain nuts and gluten, please ask for advice.

